Candidate Introduction Worksheet

# Fill Out this Worksheet to Guide Your Candidate Introduction

You may find it helpful to set up a meeting with your mentor(s) to discuss these questions. Feel free to add more rows as needed

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| Question |  |  |
|  | One sentence summary (*e.g.* nutritional biochemist interested in chronic disease prevention) |  |
| How do I define myself as a scientist right now? | What are some relevant parts of your background (education, research experiences, life experiences) |  |
| My current program (what field, how far along) |  |
| Which field best defines my research? |  |
| What is my research topic? |  |
| What are three or more things that I think am an expert at? What evidence can prove this expertise | **Expertise** | **Evidence** |
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| What are four foundational skills that all scientists in my field need to to be an effective independent investigator | **Skills** | **How to Best Obtain it** |
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| What will define me as a scientist at the end of my PhD program and other training? | Type of job (academic researcher, clinical researcher, bench scientist) |  |
| One sentence summary |  |
| What kinds of problems do you want to solve in the future? |  |
| What evidence is compelling that you are committed to a research career in the future? |  |  |